



Equipment packing list:

CLOTHING

- Quick drying trekking pants, 2 sets
- Quick drying T-shirts , 3-4 sets
- Long sleeved shirt to cover up at dusk (mosquito)
- Fleece
- Rain-jacket (Wind- and waterproof!)
- Rain-trousers
- Underwear, socks
- Hiking boots that protect ankles
- Sandals

CAMPING/ TREKKING

- Large Backpack, - no suitcases!!! Should be waterproof, or protected by a liner.
- Waterproof daypack or daypack with liner to carry water, a jacket, your camera etc. during the hikes
- Water bottle
- Hat against sun
- Head-lamp with 2 sets of batteries
- Small back up torch, in case head lamp gets lost
- light-weight tent
- sleeping bag (temperatures around 10 degrees at night)
- sleeping mat
- camping spoon, fork, plate, cup
- knife or multi tool

VOLCANO

- Climbing helmet (Available for hire, 30 €)
- Gas mask (Available for hire, 30 €)
- If desired: Hiking poles
- If you want to abseil into the volcano: Climbing harness (Available for hire: 30 €)

PERSONAL

- Small towel
- Swimming gear (snorkelling possible)
- toiletry with soap
- Small medical kit and personal medicine (band-aids, blister patches)
- Think about MALARIA prevention (recommended: Malarone or Doxycycline)
- Mosquito repellent ("Tropical strength"- with DEED)
- Bacterial hand-wash
- Wet wipes
- 2 rolls of toilet paper
- Sunscreen
- Sunglasses (If desired: Spare pair)



Camera packing list:

- Camera with standard lens
- UV-Filter for lens to prevent scratching
- sufficient memory cards
- sufficient batteries (on Ambrym, there is no electricity for charging during 5 days)
- battery charger
- cleaning set
- Dry bags or plastic bags (ziplock bags) to protect camera from water and dust
- Tripod
- If available: Remote control

Travel documents:

- Passport, valid for more than 6month
- Visa for Australia (online: <http://www.eta.immi.gov.au>)
- No visa needed for Vanuatu for a stay of under 30 days
- Photocopies of important documents stored in a different place than the originals.

Note: It's your responsibility to have valid travel documents.

Weight considerations:

Please, try to limit yourself to 15kg checked in baggage, which is the maximum allowance for domestic planes and the carry limit for the porters. If you plan to bring more, please let us know and we'll inform you about the extra charges. To ascend Ambrym volcano, you will have one porter per person to carry your gear. Additional porters are available at an extra charge on location.

Fitness considerations:

You should be reasonable fit to hike 5 hours a day and to carry your own personal bag with photo equipment and water bottle (generally around 7kg). We'll do 3-4 of these longer hikes. Be prepared for hot and humid climate. Please, tell us if you have any medical conditions relevant to the trip or food allergies.

Health considerations:

Please, have a check up, if possible from a doctor specialized in tropical medicine, to see if all your shots are up to date and which medicine to bring along. There is Malaria on Vanuatu. We recommend malaria prevention; such as Malarone or Doxycycline.

Note: It's your responsibility to have adequate medication and preparation.

Links:

<http://www.who.int/countries/vut/en/> (World Health Organization)

<http://vanuatu.travel/> (Tourism Vanuatu)